

Name of university, Name of faculty: Trnava University
Faculty of Philosophy and Arts

INFORMATION SHEET OF THE SUBJECT

Code: XPSEb013 **Name:** Psychology of Personality I.

Cover: Department of Psychology

Type of educational activity: Lecture, Seminar

Scope of educational activity (in hours):

Weekly: 2/2

For term of study: ZS 46,46

Number of credits: 7

Recommended semester: WT

Study grade:

Method of educational activity: Combined

Recommended semester	Study programme
2.year WT	Psychology (XPSYCH-Bc-E3)
3.year WT	Psychology (XPSYCH-Bc-E)

Underlie subjects: XPSEb008 - Basic Psychology II.

Conditions for passing the course:

Method of evaluation: Completion by taking an examination

Continuous evaluation: During the semester, the student will read selected texts of individual authors (a total of 24 texts) through self-study, while for each text he is obliged to prepare a reflection with a range of min. 100 words. Part of the course is active participation in seminars, where the texts will be discussed individually. The student will earn points for the submitted reflections and work in seminars in a maximum of 40 points. The minimum number of points required is 20.

The condition for completing the course is also the implementation of another non-contact part of the course - self-study. This part is realized mainly: by studying the recommended literature, and by reading the texts of selected authors.

Final evaluation: written exam in exam period

Finished: The course will be completed by a written test with a maximum score of 60 points. The student must obtain at least 30 points from the test.

The evaluation from the written test is read with the evaluation of the work in the seminars. At least 92 points must be obtained to obtain an A rating, at least 84 points to obtain a B rating, at least 76 points to obtain a C rating, at least 68 points to obtain a D rating and at least 60 points to obtain an E rating.

Learning outcomes:

After completing the course, the student is able to:

- identify basic psychological processes that are part of individual historical theories of personality
- understand how these processes affect the psychological functioning of a person
- critically analyze and compare individual aspects of historical theories of personality
- describe their views and opinions on individual historical theories of personality and on solving problems of the human psyche from the point of view of these theories
- demonstrate an understanding of psychological processes defined in historical theories of personality
- apply knowledge from individual historical theories of personality to the phenomena of human behavior and experience

Schedule of subject:

- Introduction to personality psychology, history of PO, the definition of the term personality, division of personality theories
- Psychoanalytic theory of S. Freud
- Analytical Psychology C.G. Jung
- Individual psychology of A. Adler
- Egopschoanalysis, identity and self psychoanalysis, Hartmann, E. Erikson, H. Kohut
- Interpersonal psychoanalysis: K. Horney, E. Fromm, H. Sullivan, theories of object relations
- Behaviorism - Theory of operational conditioning B.F. Skinner
- Social learning in the theory of A. Bandura, M. Seligman and W. Mischel.
- Cognitive personality theory: G. Kelly
- Humanistic theory A.H. Butter
- Humanistic theory of C.R Rogers
- Existential analysis of V.E. Frankla

Recommended reading:

Hall, C. S., a kol.: Úvod do teórie osobnosti. Bratislava, SPN 1997.

Drapela, J.: Přehled teorií osobnosti, Praha: Portál, 1997, příp. neskoršie vydania.

Výrost, J., Ruisel, I.: Kapitoly z psychológie osobnosti. Bratislava, Veda 2000.

Pervin, L.A., Cervone, D., John, O.P.: Personality. Theory and research. New York: John Wiley and Sons, 2005.

Carver, C.S., Scheier, M.F.: Perspectives on Personality. Boston, Pearson, 2004.

Language requirements: Slovak

Notes:					
Course evaluation: Assessed students in total: 410					
A	B	C	D	E	FX
17%	19%	25%	20%	9%	10%
Lecturers: prof. Mgr. Peter Halama, PhD., lecturer, examiner Mgr. Ing. Peter Teličák, PhD., examiner, seminary supervisor					
Date of last change: 01.09.2026					
Approved by: prof. Mgr. Peter Halama, PhD.					