

Name of university, Name of faculty: Trnava University
Faculty of Health Care and Social Work

INFORMATION SHEET OF THE SUBJECT

Code: SPB24	Name: Social gerontology		
Cover: Department of Social Work			
Type of educational activity: Lecture, Seminar Scope of educational activity (in hours): Weekly: 1/1 For term of study: LS 30,30 Method of educational activity:		Number of credits: 5	Recommended semester: ST
			Study grade: Bachelor
Recommended semester	Study programme		
2.year ST	Social Work (D1-SP-22) Social Work (D1-SP-22-K)		
Underlie subjects:			
Conditions for passing the course:			
Method of evaluation: Completion by taking an examination			
Continuous evaluation:			
Final evaluation: The final evaluation of the course consists of three parts: The student must meet at least 60% of each of them: 1. written / oral knowledge final exam, for which the student will be able to be awarded max. 50% rating; 2nd evaluation of elaboration of 2 tasks, assigned during the semester through MOODLE max. number of 25% of ratings obtained. 3. writing a term paper max. 25% rating At least 95% must be obtained to obtain an A rating, at least 89% must be obtained to obtain a B rating, at least 83% must be obtained to obtain a C rating, at least 77% must be obtained to obtain a D rating, at least 71% must be obtained to obtain a E rating. Finished: The course will end with an exam.			
Learning outcomes:			
After completing this course, the student should be able to: - Characterize and understand aging in a bio-psycho-social context; - Characterize and understand old age as a period of development; - describe and understand problematic situations in senior age; - distinguish the needs of seniors and their modification, design interventions aimed at meeting psychosocial needs, the needs of autonomy and self-realization; - understand the senior's place in the family, intergenerational relations, communication and solidarity - describe the situation in a family with a self-sufficient and non-self-sufficient senior; suggest possible ways of intervention - characterize the senior's stay in the institution, describe problematic situations in the institution and suggest ways of intervention - understand and suggest forms of intervention - support and help of professionals - in assessing the situation of the senior in the family and in proposing opportunities to help the family and the senior (health and social sector) - be able to characterize the philosophy of active aging			
Schedule of subject:			
Gerontology, division and characteristics			
Aging.			
Old age as a period of life.			
The social dimension of old age and aging, crisis and stressful situations in old age			
Society's attitude towards seniors, myths and prejudices			
Senior in the family - the importance of intergenerational solidarity, communication, characteristics of multigenerational coexistence.			
Specifics of self-sufficient and non-self-sufficient senior in the family, needs in senior age			
Senior in the institution - conditions of admission and adaptation process, stay in the institution and interventions focused on saturation of biopsychosocial needs			
Selected forms of intervention, support and assistance in the family environment and in the environment of the institution - health care and social work			
Active aging			
Recommended reading:			
BALOGOVÁ, B. Sociálne témy a dilemy seniorov. Prešov, 2016			
BALOGOVÁ, B. Seniori v spektre súčasného sveta. Prešov : Akcent print, 2009. - 103 s. - ISBN 978-80-89295-19-7.			
KOVALČÍKOVÁ, N a kol. The perception of social support by seniors in residential care			
In: SGEM 2016. - Sofia : STEF92 Technology, 2016. - ISBN 978-619-7105-71-1. - ISSN 2367-5659. - S. 1047-1054.			
KOVALČÍKOVÁ, N .a kol. Autonómia seniorov v zariadeniach sociálnych služieb			
In: Sociální práce v kontextu lidských práv. - Hradec Králové : Gaudeamus, 2014. - ISBN 978-80-7435-533-2. - S. 580-587.			
Národný program aktívneho starnutia			
Národný program ochrany starších			
Zákon o sociálnych službách			
Language requirements: Slovak, English			

Notes:					
Course evaluation: Assessed students in total: 59					
A	B	C	D	E	FX
73%	14%	7%	0%	0%	7%
Lecturers: doc. PhDr. Nadežda Kovalčíková, PhD., lecturer, examiner, instructor, seminary supervisor					
Date of last change: 01.09.2026					
Approved by: doc. PhDr. Martina Žáková, PhD.					