

Name of university, Name of faculty: Trnava University
Faculty of Health Care and Social Work

INFORMATION SHEET OF THE SUBJECT

Code: OsBc57		Name: First aid and resuscitation	
Cover: Department of Nursing			
Type of educational activity: Practise		Number of credits: 1	Recommended semester: ST
Scope of educational activity (in hours):			Study grade: 1. PO
Weekly: 1			
For term of study: LS 30			
Method of educational activity:			
Recommended semester	Study programme		
1. year ST	Nursing (D1-OŠET-22) Nursing (D1-OŠET-22-K) Nursing (E1-OŠE-25)		
Underlie subjects:			
Conditions for passing the course:			
Method of evaluation: Completion by taking an examination			
Continuous evaluation: it is not			
Final evaluation: The course will end with an exam.			
Finished: • Final written exam - grade: A: 100 – 95 %, B: 94 – 89 %, C: 88 – 83 %, D: 82 – 77 %, E: 76 - 71%, Fx: 70% and less - recalculated to max. 70 points, which represents 70% of the total evaluation.			
• Evaluation of the health status of the fictitious victim, first aid provided and cardiopulmonary resuscitation performed on a manikin using an automatic external defibrillator – represents 30 % of the total evaluation.			
• Overall evaluation of the subject = the sum of the given examination items: A: 100 – 95 points, B: 94 - 89 points, C: 88 - 83 points, D: 82 - 77 points, E: 76 - 71 points, Fx: 70 points and less.			
Learning outcomes:			
LO1 After completing the course, the student knows the principles of providing first aid			
LO2 The student understands the essence and importance of first aid for life- and health-threatening conditions			
LO3 The student can resuscitate an adult using an AED (on an instructional / resuscitation model)			
LO4 The student can resuscitate a child (on an instructional / resuscitation model)			
LO5 The student triages people according to the urgency of their condition, based on a physical examination, assessment of vital signs and the results of collecting anamnestic data			
LO6 The student participates in the management of an emergency, identifies and monitors risks and cooperates with other healthcare professionals in corrective and preventive measures			
Schedule of subject:			
ISchedule of subject:			
1) Introduction to the issue of PP, problems in providing PP			
2) Principles of providing pre-hospital first aid			
3) First aid – initial and secondary examination			
4) Cardiopulmonary resuscitation - indications, contraindications and termination			
5) Cardiopulmonary resuscitation 2020, 2021– guidelines			
6) Cardiopulmonary resuscitation 2020, 2021 - basic, adults. Use of AED + training on a dummy			
7) Cardiopulmonary resuscitation of children 2020, 2021 + training on a dummy			
8) Bleeding from wounds and body parts, injuries - stopping bleeding, illustrative examples			
9) Unconsciousness – division, differential diagnosis			
10) Shock states, help with them, illustrative examples			
11) Mass accidents and sorting of the wounded, carrying, positioning, transport of the wounded			
12) Activity of KOS ZZS SR			
Recommended reading:			
• DOBIÁŠ, V. 2017. 5P - Prvá pomoc pre pokročilých poskytovateľov. Vyd. Dixit, 304 s. 2017. ISBN 978-80-8966-224-1			
• KELNAROVÁ, J. a spol. 2012. První pomoc I, pro studenty zdravotnických			

oborů, Praha, Grada, 108 s. 2012, ISBN 978-80-247-4199-4 • KELNAROVÁ, J. a spol. 2013. První pomoc II, pro studenty zdravotnických oborů, Praha, Grada, 192 s., 2013, ISBN 978-80-247-4200-7 • ERC Guidelines 2020, odporúčania Slovenskej resuscitačnej rady 2021 – online • DOKTOROVÁ, G. a kolektív. 2022. Prvá pomoc a jej manažment. 1. vyd. - Trnava: Typi Universitatis Tyrnaviensis, spoločné pracovisko Trnavskej univerzity v Trnave a Vedy, vydavateľstva Slovenskej akadémie vied, 2022. 128 s. [online]. ISBN 978-80-568-0544-2. Dostupné na internete: https://fzsp.truni.sk/DOI-10-31262-978-80-568-0544-2-2022					
Language requirements: Slovak					
Notes: 100 % attendance is mandatory. If the absence exceeds 20%, the teacher may decide not to allow the student to take the final assessment.					
Course evaluation: Assessed students in total: 315					
A	B	C	D	E	FX
44%	25%	9%	2%	0%	19%
Lecturers: PhDr. Alena Dziacka, PhD., examiner, instructor Mgr. Gabriela Doktorová, PhD., examiner, instructor					
Date of last change: 01.09.2026					
Approved by: doc. PhDr. Andrea Botíková, PhD., MPH, univ. prof.					